



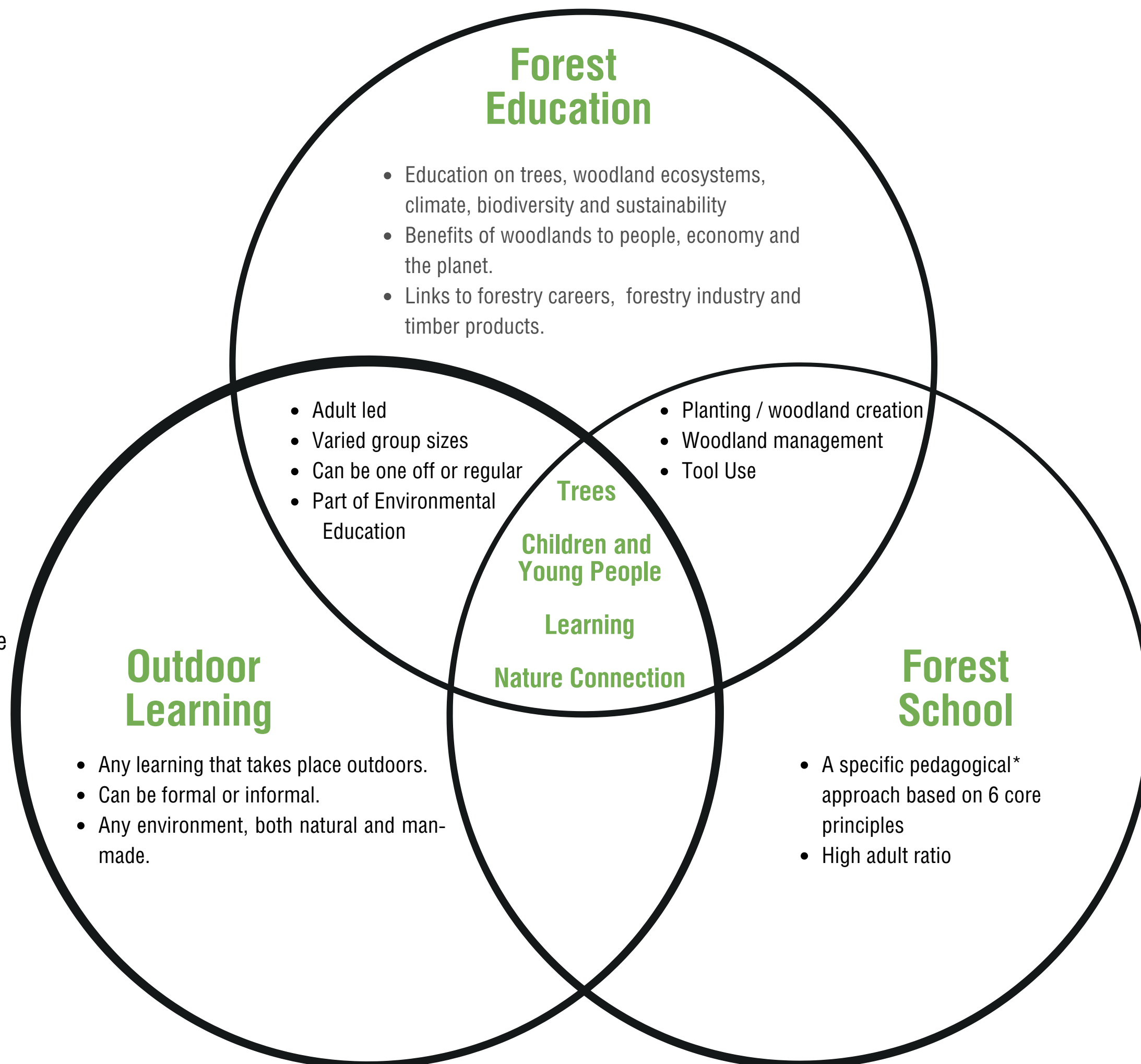
What's in a name?

We all know that being in a woodland environment or interacting with trees in urban settings is great for our physical and mental health.

Quite a few different terms are used to describe what happens, here's our summary of the different ways that children learn in and learn about trees, woods and forests.

These aren't the only three ways that we can connect with trees, other approaches include:

- Environmental Education
- Nature based play
- Bushcraft
- Residentials
- Fieldwork
- Care Farms
- Outdoor therapeutic programmes



The Forest School 6 principles

- **Long Term** - regular and in all seasons, programmes based on observations, collaboration and progression.
- **Nature** - sessions take place in woodland or natural environment.
- **Community** - for development and learning.
- **Risk** - Opportunity to take supported risks
- **Holistic Learning**- Holistic development of learners
- **Leadership** - Qualified practitioners who maintain and develop practice.

***Pedagogy** - the art and science of teaching

